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Weight-Loss Apocalypse: Emotional Eating Rehab Through the HCG Protocol presents an intriguing, yet complex, solution to obesity. Author Robin Phipps Woodall has spent years studying the work of the late Dr. Albert T. W. Simeons, who pioneered the use of human chorionic gonadotropin (hCG) to trigger extreme weight loss.

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robin woodalls weight loss apocalypse emotional eating rehab through the hcg protocol a highly recommended read btw where she goes into detail on how this protocol is interacting with your hormones it appears that hcg affects leptin leptin is a hormone that affects basically how hungry or satiated you weight loss apocalypse emotional eating rehab through the hcg protocol woodall robin

Weight Loss Apocalypse Emotional Eating Rehab Through The ...

Instead of continuing to apply the protocol as a short-term diet, it shoulder be discussed as a real solution --a tool to end irrational eating for emotional fulfillment. This country is dealing with a crisis: an addiction to eating emotionally, and the obvious result is the overwhelming increase in obesity.

Weight-Loss Apocalypse By Robin Phipps Woodall

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