

The Art Of Sauna Building

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The Art of Building a Sauna 0 comments After a hard day at work, people all have different ways of relaxing and winding down. One of the best ways to relax is to sit and relax in a bubble of warm, moist air in a sauna, letting the fatigue seep from your body.

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The "Art of Sauna Building" has become the industry bible for correct sauna design and sauna building techniques. You should not build a sauna without this book as your own sauna building guide. The book is FREE - to help your project get started! In this book, author and Sauna Guru Pertti Jalasjaa (a master sauna builder), reveals all the secrets so you can build a professional-looking sauna the first time!

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The Art of Sauna Building, in our opinion, is the number one sauna building guide in the world. The reason for is because the great detail Bert Jalasjaa (the author) goes into about sauna building. This complete guide takes you from designing, to building, to operating your own DIY sauna.

~~The Best Sauna Books Reviewed – Best Sauna Heater~~

The Art of Sauna Building has become the industry bible for correct sauna design and sauna building techniques. Over 40,000 copies have been sold! You should not build a sauna without this book as your own sauna consultant. In this book, Finnish author Bert (Pertti) Olavi Jalasjaa (a master sauna builder), reveals all the secrets so you can build a professional-looking sauna the first time!

~~The Art of Sauna Building: Bert (Pertti) Olavi Jalasjaa ...~~

There are a lot of imitations of this book out there. This is the original, from an actual Finnish sauna enthusiast who has helped popularize them in America. This book is laid out in an 88-page magazine format, and includes everything you need to go from a total newbie to building your own sauna. The book only assumes basic carpentry knowledge.

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~~The Art Of Sauna Building by Bert Jalasjaa~~

Along the way, I had also written a book, "The Art of Sauna Building", which became acclaimed as a best-seller with 40,000 copies sold to date. It received the ultimate confirmation of its status when a senior vice-president with the largest sauna manufacturer in the world, Saunatec Oy (in Finland of course), called it "the best book ever written on sauna building". The latest edition of my sauna book is now available on this website. In addition, the internet has spawned 6,600 reprints of ...

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Acknowledged author Bert (Pertti) Olavi Jalasjaa wrote The Art of Sauna Building comprising 88 pages back in 1981. Textbook and eTextbook are published under ISBN 0968570704 and 9780968570708. Since then The Art of Sauna Building textbook was available to sell back to BooksRun online for the top buyback price of \$ 4.04 or rent at the marketplace.